

# WYHA COVID-19 Guidelines for Tournaments

## Introduction

In the interest of keeping our skaters and families as safe as possible, the WYHA Board of Directors has adopted this set of guidelines when traveling to tournaments. While in the end we cannot truly make anybody do anything they do not want to do, we feel that the below set of guidelines, if followed, are our best bet to having a semblance of a tournament experience this year. These guidelines are subject to change as current conditions warrant.

## WYHA Guidelines

- Follow CDC guidelines for traveling overnight (see below) and bring supplies to clean high-touch areas when you arrive.
- If you, your skater, or any of your family members are feeling sick stay home.
- If you, your skater, or any of your family members are feeling sick while already away from home, pack up your family and immediately go home.
- Families should not share rooms.
- Masks should be worn when outside the room.
- Every player should complete a daily health check in TeamSnap before leaving their hotel room in the morning.
- Each family member should do a health self-assessment before leaving their hotel room in the morning.
- Players and parents are strongly discouraged from congregating in another person's room and hosting others in your room. This is where transmission is most likely to occur. Please use personal responsibility and common sense regarding close contact in small spaces such as hotel rooms.
- Carpooling is strongly discouraged. If it is necessary, then all people in the vehicle should wear a mask.
- Pools, fitness rooms and other shared spaces should not be used at any time by players and families.
- Dining out in restaurants and bars is highly discouraged. Carryout and deliveries are preferred.
- Team should not conduct **indoor** social gatherings or team meetings. Players and their families should get together outdoors if gathering, but social distancing is required and mask wearing is advised.
- All WYHA policies about spectators and locker room use are in place for all tournaments, unless the rink's guidelines are more stringent. In that case, players and parents must follow the rink's guidelines. Players, coaches, managers and parents should be familiar with and follow all tournament policies.

## Team managers hotel/tournament pre-booking checklist

- Verify what steps hotels, tournament venues and other facilities are taking to protect guests.

- Ask if the hotel follows the CDC guidelines for sanitizing.
- Find out what the hotel's vacancy buffer is between rooms.
- Managers should look for decreased occupancy, frequent disinfecting, digital keys and 24-hour vacancy between guest departures and digital check-in are some measures now available at many hotels.

## CDC guidelines for traveling overnight [\[reference\]](#)

### Check the hotel's COVID-19 prevention practices before you go

- Use options for online reservation and check-in, mobile room key and contactless payment.
- Before you go, call and ask if all staff are wearing masks at work.
- Look for any extra prevention practices being implemented by the hotel, such as plexiglass barriers at check-in counters, and physical distancing signs in the lobby.
- Ask if the hotel has updated policies about [cleaning and disinfecting](#) or removing frequently touched surfaces and items (such as pens, room keys, tables, phones, doorknobs, light switches, elevator buttons, water fountains, ATMs/card payment stations, business center computers and printers, ice/vending machines, and remote controls)
- Bring cleaning supplies to sanitize high-touch areas in your room before settling in. Countertops, light switches, alarm clocks and door handles are among the things that should be cleaned.

### Wear masks and limit close contact with others

- Wear a [mask](#) in the lobby or other common areas.
- Minimize use of areas that may lead to [close contact](#) (within 6 feet) with other people as much as possible, like break rooms, outside patios, inside lounging areas, [dining areas/kitchens](#), game rooms, [pools, hot tubs](#), saunas, spas, salons and fitness centers.
- Consider taking the stairs. Otherwise wait to use the elevator until you can either ride alone or only with people from your household.

### Choose contactless options, when possible

- Request contactless delivery for any room service order.
- If you are considering cleaning your travel lodgings, see CDC's guidance on how to [clean and disinfect](#).

### Protect yourself and others when you travel away your community

- Learn more about safely planning [travel during the COVID-19 outbreak](#).

*More Information from the CDC:*

[CDC Recommendations for Daily Activities and Going Out](#)

## Resources

<https://www.healthline.com/health-news/covid-19-hotels-airbnb-safety#Look-for-cleaning-in-action>